MASHAMSHIRE COMMUNITY OFFICE

HEALTH AND WELLNESS EVENT

JOIN US FOR TEA AND CAKE
CHAT TO A SELECTION OF LOCAL
SUPPORT AGENCIES AND FIND OUT
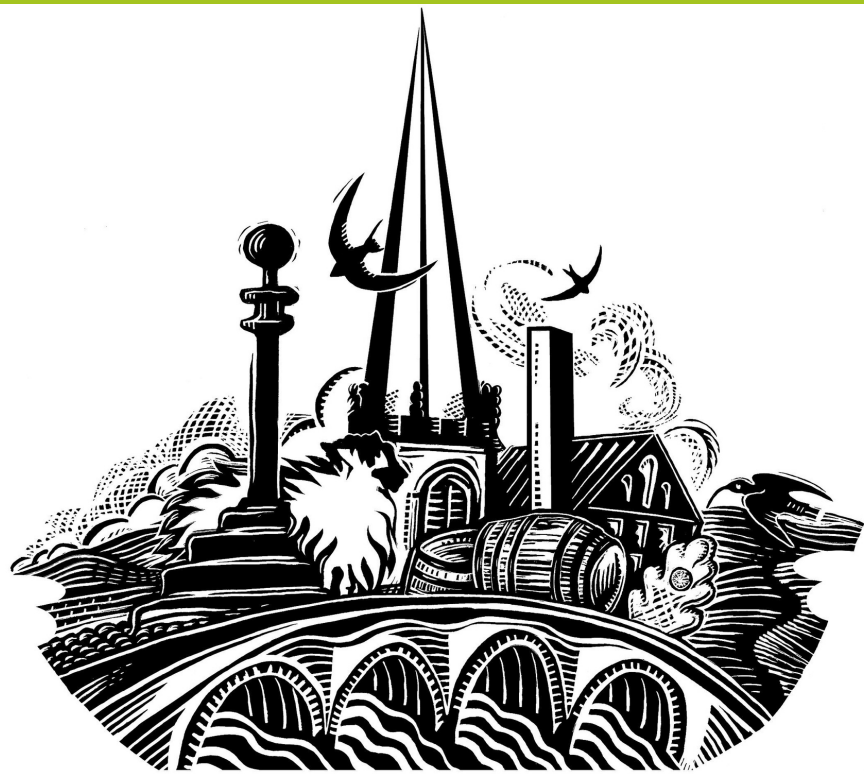WHAT THEY HAVE TO OFFER YOU
EVERYONE IS WELCOME

19TH MARCH 2022
10AM - 2PM
MASHAM TOWN HALL

For more details call 01765 680 200
or email info@visitmasham.com

MASHAMSHIRE
COMMUNITY OFFICE

Agencies attending

Ambulance Service
is the region's provider of emergency, urgent care and non-emergency patient transport services.

Carers Resource
 provides support for carers, no matter what their age, race, religion or needs support for carers

Citizens Advice Bureau
help you find a way forward, whatever the problem

Dementia Forward
supporting people living with dementia and their families

Farming Community Network
supports farmers and families within the farming community

Fire & Rescue
saving lives through prevention, protection and emergency

Health Watch
giving advice and support about the health and social care services in our local area.

HELP Ripon & Rural | HADCA
 helping people stay safe and well at home supported by volunteers

Living Well Services
aims to improve the health, wellbeing and independence of adults.

Mashamshire Community Office
central hub for community services and tourist information.

Mashamshire Community Library
for borrowing books, large print, talking books and much more

Masham Methodist Church

MIND
here to make sure no one has to face a mental health problem alone.

North Yorkshire Youth
help children and young people realise their full potential by enhancing and improving our range of learning and development opportunities'.

NYCC Adult Learning
providing an extensive range of course

Samaritans
aims to provide emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide

Stronger Communities
 supporting local social action encouraging people to get involved in their local community

St Marys Church

Trading Standards Service
 making sure that consumers are protected from unfair trading .